

ATTENTION ALL BENJAMIN DISTRICT 25

Parents, Students, New Parents, Babysitters, ETC....



AHA HEARTSAVER CPR / AED

Taught by certified CPR instructors. Learn CPR and lifesaving techniques; how to respond to choking in infants, children and adults. CPR and AED (Automated External Defibrillator) programs are designed to give you the confidence to respond in an emergency situation with skills that can save a life.

This program will prepare you to handle emergencies for the first few minutes until the ambulance arrives. Through classroom instruction and hands-on practice, participants will learn how to handle: common medical emergencies such as heart attacks, strokes and seizures.

Upon completion of the course, participants will receive an American Heart Association Heartsaver CPR & AED card that is good for two years.

Two class dates are being offered, please indicate which date you would like to attend.

Registration: To register for the CPR/AED course being offered, please complete the back of this flyer, enclose payment cash or check (*made payable to LYF Savers, Inc.*) and return to the Health Office at Benjamin Middle School no later than Thursday March 25, 2010.

Your placement in class will be confirmed via phone call; please complete correct contact information. The class size is limited to 20 students.

COST: \$40.00

AVAILABLE COURSE DATES:

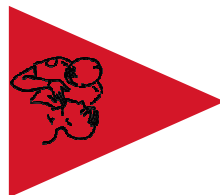
Tuesday 4/6/2010

Thursday 4/8/2010

TIME: 3:30 p.m. to 6:30 p.m.

LOCATION: Benjamin Middle School (Multi-Purpose Room)

ATTIRE: Please dress in comfortable clothing; you will be practicing skills.



heart+
saver

