

MONDAY**TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

1

**Chicken Nuggets
Turkey & Cheese
Sub
Chef Salad**

Fresh Fruit, String
Cheese, Mashed
Potatoes & Gravy,
Cheetos, Cookie

2

**Extreme Nachos
Chicken Salad
Sandwich
Chef Salad**

Fresh Fruit, Graham
Crackers, Pretzel,
Celery, Pudding

3

**Cheese or Pepperoni
Pizza
Club Wrap
Chef Salad**

Fresh Fruit, Pasta
Salad, Goldfish
Crackers, Brownie,
Celery

4

**Chicken/cheese/bacon
Sandwich
BLT Wrap
Chef Salad**

Fresh Fruit, Tiny
Goldfish Crackers,
Side Salad, French
Fries, Cucumber Slices

5

**Italian Dunkers
Tuna Salad
Sandwich
Chef Salad**

Fresh Fruit, Animal
Crackers, Celery,
Cake, Pretzels

8

**Waffle Stix
w/sausage
American Sub
Taco Salad**

Fresh Fruit, String
Cheese, Yogurt,
Brownie, Pretzels

9

**Rotini/w Marinara &
Meatball
Ham & Cheese Wrap
Taco Salad**

**Fresh Fruit, Graham
Crackers, Celery, Diced
Peaches, Pudding**

10

**Cheese or Pepperoni
Pizza
Tuna Wrap
Taco Salad**

Fresh Fruit, Cheetos,
Corn, Wheat Crackers,
Pudding

11

**Bacon Cheeseburger
Ham & Turkey Sub
Taco Salad**

Fresh Fruit, Potato
Smiles, Carrot Stix,
Goldfish Cracker, Side
Salad

12

**French Bread Pizza
Egg Salad Sandwich
Taco Salad**

Fresh Fruit, String
Cheese, Churro,
Cheetos, Valentine
Cake

15

**Cheese Pizza Bagel
American Sub
Popcorn Chicken
Salad**

Fresh Fruit, String
Cheese, Yogurt,
Brownie, Pretzels

16

**Crispy Chicken Patty
Sandwich
Blt Wrap
Popcorn Chicken
Salad**

Fresh Fruit, Graham
Crackers, Nacho
Doritos, Green Beans,
Brownie

17 *Early Dismissal*

**Cheese Pizza or
Pepperoni Pizza
American Sub
Popcorn Chicken
Salad**

Fresh Fruit, Goldfish
Crackers, Diced
Peaches, Carrot Sticks,
Choc Chip Cookie

18

**Mini Corn Dogs
Italian Wrap
Popcorn Chicken
Salad**

Fresh Fruit, Tiny
Goldfish Crackers,
Carrot Coins, Celery,
Jello

19

**French Toast Stix
W/Hashbrown
Tuna Sandwich
Popcorn Chicken
Salad**

Fresh Fruit, Pretzel,
Yogurt, Celery, Cake

22

**Chicken Tenders
Italian Wrap
Chicken Caesar
Salad**

Fresh Fruit, Celery
Sticks, Tiny Goldfish
Crackers, Applesauce,
Brownie

23

**Hamburger or
Cheeseburger
Ham & Cheese Wrap
Chicken Caesar
Salad**

Fresh Fruit, Animal
Crackers, French
Fries, Juice Cup,
Carrot Stix

24

**Cheese Pizza or
Pepperoni Pizza
American Sub
Chicken Caesar
Salad**

Fresh Fruit, Goldfish
Crackers, Diced
Peaches, Carrot Sticks,
Choc Chip Cookie

25

**Soft Shell Tacos
BLT Wrap
Chicken Caesar
Salad**

Fresh Fruit, Tiny
Goldfish Crackers,
Side Salad, Carrot
Stix, Cucumber Slices

26

**Macaroni & Cheese
Egg Salad Sandwich
Chicken Caesar
Salad**

Fresh Fruit, Celery
Stix, Carrot Stix,
Goldfish Cracker, Side
Salad




**BENJAMIN
MIDDLE
SCHOOL
March 2010**